PPPH is a Top 100 hospital for the 9th time
Truven Health Analytics® has announced its annual list of top-performing hospitals, and Providence-Providence Park Hospital is once again an honoree in the Major Teaching category. Of the 100 ranked hospitals, only 15 are chosen for this group. Truven, now a part of the IBM Watson Health™, measures several metrics at over 2,700 hospitals across the U.S. They estimate that if all hospitals could meet the same high chinning as PPPH, more than 89,000 additional lives could be saved each year in-hospital, and nearly 61,000 more patients could live complication-free. Truven bases its rankings on objective data related to hospital-wide performance, including survival rates, complications, 30-day mortality and readmission rates, length of stay, and financial metrics. This year marks the ninth time PPPH has been honored in this category. For more information, click here.

SJH&MC nurse’s niece turns grief into giving back
St. John Hospital & Medical Center Nurse Laurie Swoish is blessed with a very special niece who has turned her personal loss into helping others. In 2014, Sabrina Swoish’s son Dominic was born premature at 30 weeks and spent two weeks in the NICU. Dominic endured many medical complications in his short life and sadly passed away in May 2016. Sabrina remembers the stressful days and weeks in the NICU, and wanted to help relieve some of the stress other NICU families experience. She began collecting donations of preemie and newborn clothing to help families not prepared for the situation. In two months, Sabrina received 330 pieces of clothing for Dominic’s Closet. Last week, she visited the Mary Ann Van Elslander Neonatal Intensive Care Unit at SJH&MC, where she met with families and invited them to select two pieces of clothing for their little one. She has also shared clothing from Dominic’s Closet with two other hospitals in metro Detroit. Sabrina is pictured center, joined by her aunt Laurie Swoish, RN, right, and Susie Kelley, CNM, NICU & Special Care Nursery.
Call for entries!
SJMOH wants your artwork to display in hospital
Do you have an eye for painting or photography? If so, there is an opportunity for your artwork to be on display at St. John Macomb-Oakland Hospital. The hospital is seeking submissions of original artwork to be part of the Madison Heights campus’ permanent art collection displayed throughout the hospital. Those interested in having their artwork considered should send a 4x6” photo of the artwork for submission along with the entry form to St. John Macomb-Oakland Hospital, 27351 Dequindre, Madison Heights, MI 48071, or drop it off at the hospital’s main information desk. The Hospital Artwork Committee is accepting submissions through March 31. Click here for the entry form and more details! For questions, please contact Erin.OMara@ascension.org.

SJH&MC cardiology chief hits radio airwaves to talk BPs and calcium scoring
Tom Lalonde, MD, chief of cardiology at St. John Hospital & Medical Center, was featured in two stories on WWJ News Radio 950 last week. In response to a recent study, Dr. Lalonde talked about the risks to patients when they don’t take their blood pressure medications and about the effectiveness of calcium scoring screening tests. Listen to the news stories here.

Training underway to address human trafficking
Ascension has developed and is piloting a protocol and initiative to address the needs of human trafficking victims that may come to our hospitals. This has become a high priority for Ascension nationally. In Michigan, local multidisciplinary teams have formed to implement the protocol and training. SJP will begin with St. John Hospital & Medical Center this fiscal year and move to other hospitals during FY2018. It is essential to follow Ascension’s protocol and use the training modules provided (CEUs will be available for completion) as a foundation for this work. Questions can be directed to Cynthia Taueg, Ascension Michigan Human Trafficking coordinator, or Karen Sheffield, co-chair of SJH&MC’s planning team.

COMMUNITY

PPPH hits the lanes for a good cause
Providence-Providence Park helped raise $14,000 for Novi Youth Assistance at the group’s annual fundraiser on March 4. SJP is the largest supporter of the event, and PPPH Security Director Jeff Tinsman is an NYA board member. He’s pictured with his Security colleague Robyn Hamilton, who joined him on the fundraising committee. While the team retired the famed Coconut Monkey trophy in honor of Sr. Xavier Ballance, who looked forward to winning it year in and year out, it remains in the Security department with her longtime bowling partners. This year’s PPPH bowlers included, front l-r: Lisa Ward, Lynn Chiesa, Margaret Klobucar, Diana Birdsell, Nicole Arvan, Robyn Hamilton, Glorianne Pearlman, Aisha Afana; second row l-r: Kathy Zaguroli and Sue Conant, obscured, Elena Weissman, Kerry Asbel and Jay Dougherty; back l-r: Jeff, Tony Conant. NYA is a prevention program for Novi families and youth, and event proceeds support skill-building, teen activities, camp scholarships, and mentoring programs for underprivileged youth.
**SJMOH, Madison Heights SEAs collect for those in need**

During the month of February, the Service Excellence Advisors at St. John Macomb-Oakland, Madison Heights honored one of our organization’s values, “Service of the Poor,” by collecting donations for the Salvation Army in the Warren community.

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**SJP supports area women by sponsoring Women Thrive Conference**

SJP’s presence at this year’s Women’s Thrive Conference included Diana Birdsall and Jennifer Hubbard, of SJP Occupational Health Partners, who are pictured left and right with Awards Mistress of Ceremonies Ronda Walker. SJPOHP also exhibited at the event. The Women Thrive Conference is a joint venture of the Michigan Business & Professional Association and an advisory committee of leading businesswomen and community leaders. Its mission is to promote high professional standards, encourage leadership, provide education and assure equal advantages for women who demonstrate excellence in their professions and volunteerism.

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**Novi mayor makes PPH part of State of the City event**

Novi Mayor Bob Gatt, who always delivers a rousing presentation at the city’s annual State of the City breakfast, spoke highly of Providence-Providence Park Hospital and recognized President Joe Hurshe at this year’s event on March 9. Pictured at the breakfast are, l-r, Victor Bell, PPPH Operational Excellence, Mayor Gatt, Joe, Janise Ellis, PPPH Nursing, Diana Birdsall, SJP Occupational Health, Todd Spero, Orthopedics, Janice Richmond, PPPH Emergency, and Kathy Honswet and Kellie Cislo, of PPPH Administration.

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**KUDOS**

**Meet SJMOH’s February Daisy Award honoree**

Grace Quiogue was SJMOH, Warren’s February DAISY honoree. The nomination from her colleague Petra Holka read: “Grace has demonstrated multiple episodes of very meaningful care that truly makes a difference in the quality of care that is provided to our patients! The pride that she carries for the work she does applied to all of my encounters with her, not just one. Whenever this nurse is the primary RN of one of our patients, she gracefully and professionally makes suggestions as an advocate for the patient while maintaining respect for the provider. She goes out of her way to collaborate with the provider about the patient while rounding on the unit, and always provides very professional updates to the provider and patient and any family members.” Pictured l-r are Marisa Balagot, LPN, Autumn Taylor-Kareem, PCT, Chris Dorsey, PCT, Nicoleta Tudor, RN, Grace, in white coat, Denise Bajer, administrative nursing director, Gemma Dixon, clinical nurse manager, Samar El-Shorafa, RN; Sara Sulla, RN; and William Czerwinski, RN.
SJMOH, Warren honors its first TULIP Award winner

In January, St. John Providence officially launched the TULIP (Techs Understanding Leadership In Patient Care) Award at all of its hospitals to recognize patient care technicians, nursing assistants and mental health technicians who go above and beyond for our patients. Fran Gravatas, PCT, 2-Center, SJMOH, Warren, was honored as St. John Macomb-Oakland, Warren’s first TULIP Award winner. Fran was nominated by Laura Ashburn, Clinical Nurse Manager: “Fran is the ‘go-to’ person for so many things. She approaches all aspects of her role with flexibility, enthusiasm and a positive attitude. She is kind and caring to all of her co-workers and literally every person she comes in contact with. Fran also has a special passion for our NAS drug addicted babies. She comforts the inconsolable babies and befriends and supports the mothers. She is constantly going above and beyond for patients and always seems to make a connection. She is the heart and soul of our department.”

Congrats to SJH&MC’s February Good Catch winner

Every month, the St. John Hospital & Medical Center Quality Leadership and Patient Safety Committee selects an associate to be recognized for the use of error prevention techniques, safety behaviors and principles of High Reliability. The Good Catch award for February was presented to Grace Wozniak, RN, 6-N (pictured center). She is congratulated by 6-N managers, Angela Rawlings, CNM, left, and Kim Treasvant, ACL. Thank you, Grace, for your commitment to patient safety!

PPPH security officers earn thanks from City of Novi

When a man escaped custody at Providence-Providence Park, Novi, after being arrested for stealing opioids at a nearby CVS store, it became a team effort to apprehend him. While Novi police officers set up a perimeter and command station, PPPH Security Officers Ken Meier and Dana Welch started their search and found the man between some parked cars. They took him into custody, earning thanks on the spot and commendations from the Novi PD at a March 2 ceremony. As their citations read, thanks for “the quick actions and professionalism (that) not only kept a prisoner off the streets, but saved thousands of dollars of public safety resources.” Pictured l-r are Novi Assistant Police Chief Jerrod Hart, PPPH Security Manager Jeff Tinsman, Novi Police Chief David Malloy, Ken and Dana, SJP Administrator of Support Services Bill Platts, and Novi Assistant Police Chief Eric Zinser.

Ooops!

MI Connection mistakenly identified the associates in the SJMOH Good Catch story from March 2. Let’s try this again! The SJMOH Good Catch Awards for January went to Maria Hart, RN, Endoscopy, Warren and Linda McGartland, Surgical Services, Madison Heights. Pictured left in Warren, l-r, are CMO Dr. Gary Berg, Chief of Medicine Dr. Hisham Dado, Maria, President Terry Hamilton, and COO Bill Mott. Shown right in Madison Heights, are, l-r, Cathy Barwick, Linda, and OR Manager Pamela Barnett.
SJP associates reflect on their 68-Day Challenge successes

Phyllis Nelson, of Providence-Providence Park Hospital in Southfield, joined the 68-Day Challenge during a very low point of her life. She was looking for a little hope to help her through the mourning of the loss of her husband. Her personal goal was to put herself first and to stay inspired by affirming that she is important. By connecting with her inner spirit, living with positivity, and giving thanks to God for her strength and family, she’s now more self-aware and making it a point to smile every day upon awakening. She’s also doing a lot of walking and meditating. After achieving her initial goals, Phyllis is now inspired to start new ones. She sums it up best: “I am now embracing what life has to offer. “

Look for more inspiring 68 Day Challenge accomplishments in this issue’s Reflection.

SJP bids farewell to Dr. Gina Buccalo

Roses, a plaque, and lots of good wishes went to Gina Buccalo, MD, as she departed St. John Providence and The Physician Alliance recently after 25 years with our ministry. She accepted an opportunity to become Medical Director of the United Auto Workers Retiree Medical Benefits Trust. She is pictured receiving well wishes from Physician Alliance President Mike Madden and SJP President and Chief Executive Officer Jean Meyer.

APPOINTMENTS

Amy Toman has been named the director of Critical Care and Respiratory Therapy at Providence-Providence Park in Southfield. Last year, Amy served as interim director of Renal Services for St. John Providence. She has an MA from Siena Heights University and a BSN from University of Detroit Mercy. With SJP since 1998, Amy’s career includes several years as a registered nurse at St. John Hospital and Medical Center, four years as assistant clinical leader on the Cardiac Specialty Care unit at PPPH, and four years as clinical nurse manager on SJHMC’s 2-E trauma unit and 5E general surgery unit.

Taa Palczyk and Amanda Klahr, shown l-r at a recent PPPH leadership meeting, are the hospital’s newest nurse managers. Taa is the new clinical nurse manager of the ICU and NSICU at PPPH, Southfield. She had been a nursing house supervisor in Southfield since 2011. She completed her MSN degree in administration and business from Liberty University in 2016 and a BSN degree from Oakland University in 2014. She also has 11 years of experience as an ICU RN at a Level 1 trauma center. Amanda, the new manager of Behavioral Health Services at both campuses, comes to PPPH from Colorado with more than 13 years of experience in acute care/behavioral health, with special focus on dual diagnosis of mental health and substance abuse, and adolescent treatment. Amanda has a master’s degree in administration from the University of Colorado, where she was also an editing board member for "The Human Touch," an annual arts anthology from the Anschutz Medical Campus community.

Susan Kelley has been appointed clinical nurse manager of the Mary Ann Van Elslander Neonatal Intensive Care Unit & Special Care Nursery at St. John Hospital & Medical Center. Susan has dedicated almost 30 years to St. John Providence in various roles in the NICU and SCN as staff nurse, charge nurse, relief preceptor, BLS and neonatal resuscitation instructor, assistant clinical leader, clinical project manager and most recently interim NICU & SCN manager. One of Susan’s most significant achievements was leading the team through the renovation and construction of the NICU & SCN — a state of the art facility within SJP’s Children’s Hospital. Susan holds a bachelor degree of nursing and board certification in holistic nursing and has completed the High Potential Future Leader program. Soon she’ll be recognized with a 2017 distinguished Michael David Rinke Award for Nursing Excellence.
Andrew Casinelli has been promoted to assistant clinical leader on 5-E Medical/Surgical at St. John Hospital & Medical Center. Andrew began his career in 2014 as a nurse tech/extern on 5-E. He went on to earn his bachelor of science degree in nursing from Wayne State University in the spring of 2016. Andrew is an enthusiastic leader, an active member of the Professional Nurse Practice Council and is extremely passionate about patient safety and improving patient experience. He’s been recognized with multiple Daisy Award nominations for his compassion and exceptional care. He also provides great leadership and positivity to the 5-E team.

Congratulations to Beckie McFalls, RN, SJMOH, Madison Heights, who is retiring after 27 years with the health system. She worked as a float nurse for nine years and then transferred to the ICU. Beckie is looking forward to traveling to visit her children during her retirement and enjoys going to yoga three or four times a week.

**REFLECTION**

The 68 Day Challenge wrapped up March 9, and by all accounts, it was huge success for associates who participated. Shannon Pearce, SJP Health Enhancement Program Coordinator and Challenge coach, asked them to record and celebrate their biggest achievements, and here’s an inspiring recap of some of their answers.

- Taking the time to “reflect on my life and examine my priorities.”
- Organizing a Challenge group with neighbors and co-workers, including a Facebook group.
- Reading two personal growth and development books, starting a third and purchasing a library of planned reading material.
- Food journaling that helped reduce “garbage mouthing” and other mindless eating.
- Recognizing that “I am not really a runner. I learned that I can exercise in other ways and make strides toward wellness while doing so.”
- Rediscovering a love of reading.
- Fitting into a pair of pants “I hadn’t worn since my son was born.”
- Working hard to not worry so much.
- Changing the way to shop for food and learning to pre-prepare food with batch cooking on weekends.
- Making a few mistakes, but learning to keep going anyway.
- Learning the names of “all the associates in my area.”
- Registering to complete a bachelor degree this fall.

**SAVE THESE DATES**

**Friday, March 31**
**PPPH Blood Drive in Novi**
Conf. Rms. A & B, 7:30 a.m. - 7:15 p.m.
Make an appointment by logging in to www.redcrossblood.org (sponsor code: PPHNovi) or call 800-733-2767.

**Friday, March 31**
**Colorectal Cancer Lunch and Learn**
Deepa Taggarshe, MD, PPPH colon/rectal surgeon, will discuss the latest developments in colorectal cancer.
PPPH, Southfield, Fisher Auditorium, 12 p.m.
1.0 contact hour. Lunch provided.
Register by calling SJP Health Connect at 866-501-3627.

**Wednesday, April 12**
**BCR hosts “Addiction & the Family- Recovery is a Family Affair”**
Brighton Center for Recovery will host this free seminar on April 12 at 2/42 Church in Brighton. Presenters and panel facilitators include BCR Therapists Mark Moskal and Martha Nacy. The seminar is scheduled for 6:30-8:30 p.m., and no registration is necessary.
• Learning that “I’m more of a people person than I thought.”
• Reducing my pop drinking!
• Exercising 150 minutes each week.
• Enjoying the process.
• Reconnecting with family and friends.
• Acknowledging what “is valuable to me so that I can let go of thoughts and habits that keep me from what I value.”
• “I can be happy with my choices, and that every day I learn to make wiser ones.”
• Remembering to be thankful.
• Taking baby steps every day toward a goal.
• Believing that “I can do this for the rest of my life.”