Second Chance Heart Club
St. John Hospital and Medical Center
22101 Moross Road
Detroit, MI 48236-9930

For more information about Second Chance Heart Club at St. John Hospital and Medical Center, please call the Cardiac Rehabilitation Department at 313-343-3157.
Our Second Chance Heart Club is here to help!

You are invited to join a special group of men and women who, like you, may have been given a “second chance.” Perhaps, you or someone you love had a heart attack, heart procedure or cardiac surgery. Maybe you are at risk for heart disease or your physician encouraged you to take steps to improve your cardiovascular health.

Dr. Phillip Feringa, the cardiac surgeon who performed the first cardiac bypass surgery at St. John Hospital and Medical (SJH&MC), saw the need for heart patients to share their experiences and meet with each other. To address this need, he created Second Chance Heart Club in 1972. A core group of volunteers continues with his vision today, as they make bedside visits to cardiac patients and extend their support in a variety of ways.

Our key program is the Second Chance Supper Club, which includes delicious, low-cost meal and heart-related lecture at SJH&MC every other month. You will have the opportunity to ask the featured St. John expert questions as well as meet and talk with other Heart Club members.

Second Chance Heart Club members will also receive special notifications of other heart-related lectures, events and networking opportunities throughout St. John Health. Plus, you will be invited to two additional functions each year just for fun – an off-site picnic and holiday gathering.

Who benefits from Second Chance Heart Club?

You will benefit if you or someone you love has had a cardiovascular-related health challenge, procedure or surgery, including (but not limited to): cardiac bypass, stroke, transient ischemic attack attacks (TIA), angioplasty, stents, pacemaker, defibrillator, carotid artery disease, peripheral vascular disease (PAD). Or, perhaps you’d like to learn more about cardiovascular health, leading-edge technology and new trends in diagnosing and treating heart disease by attending our bi-monthly SC Supper Club. Whatever your needs, we’re here to help!

How do you become a member?

Membership in SC Heart Club is open to anyone who is interested. To become a member, simply mail the postage-paid membership application attached. You will receive SC Heart Club membership details, a listing of upcoming activities and a variety of heart-related information by mail within 3 - 4 weeks.

Our Mission

The mission of Second Chance Heart Club is to provide an opportunity for people to meet, share their stories and learn new trends in the diagnosis and treatment of heart (cardiovascular) disease.