



We welcome Medicaid insurance

The St. John OB/GYN Outpatient Clinic accepts Medicaid and Medicare. If you are pregnant and need health insurance, please go to your local “Family Independence Agency” and apply for Medicaid insurance.

Once you have done that, you can make an appointment with the St. John OB/GYN Outpatient Clinic for pregnancy care. At your first appointment, you will need to bring:

- ✿ proof of your application for Medicaid
- ✿ your social/case worker’s name
- ✿ social/case worker’s telephone number

We look forward to helping you take care of your health. If you have any questions, or if you would like to make an appointment, please call 313-343-4585.



Care for Women of all Ages

ST JOHN.
Health System

**Hospital and
Medical Center**

We’re answering the call

St. John Hospital and
Medical Center
5 ELL
22101 Moross Road
Detroit, MI
48236-2172
313-343-4585
www.stjohn.org

St. John OB/GYN Outpatient Clinic offers women's health care services to meet your needs. We provide preventive health care to all women — from the teenage years through the childbirth years and beyond. We offer:

- ✿ breast exams
- ✿ breast health instructions
- ✿ pap smears
- ✿ pregnancy care
- ✿ prevention of sexually transmitted disease
- ✿ care for the change of life (menopause)

Protect yourself against cancer with a cancer screening test called a pap smear

A pap smear is a test that every woman should get once a year once she is 18 or when she starts having sex. It is used to learn if a woman has cancer of the cervix. If you have a pap smear that is not normal, you will be cared for by a gynecologist who specializes in cancer.

Breast exams and mammograms are used to find out if a woman has breast cancer.

Every woman over age 40 should have a mammogram once a year. The St. John Clinic works with The Barbara Ann Karmanos Cancer Institute to give free breast cancer exams and cervical cancer exams. These services are offered free to women age 40 and over who has limited or no health insurance and are unable



to pay. To receive free cancer exam services, call Karmanos Cancer Institute *first* at 1-800-922-MAMM to see if you may qualify for this program.

Take care of yourself and your baby during pregnancy

We also offer pregnancy care for healthy women as well as women with high-risk pregnancies. If you are pregnant, you need to see a doctor to begin pregnancy care **before you are four months pregnant.** It is also very important to visit the clinic for a check-up four to six weeks after your baby is born. This will help make sure that you are recovering well and your baby is getting off to a healthy start.

Enjoy personal one-on-one care

When you make your first pregnancy care appointment, you will be assigned a primary resident physician who will care for you throughout your pregnancy. Though your preferences will be considered, requests for a female physician are not guaranteed. This doctor will be overseen by an attending physician. Because babies often arrive unexpectedly, your doctor may not be available when you go into labor. So, your baby may be delivered by another of the clinic doctors. However, your doctor will visit you in the hospital and will also see you four to six weeks after your baby is born for a check-up. St. John OB/GYN Outpatient Clinic does not permit discrimination on the basis of race, gender, age, religion, sexual orientation, or disability.

Get the support you need

We offer 'Maternal Support Services' (MSS) for pregnant patients with special needs, if you qualify. These needs include:

- ✿ rides to the clinic
- ✿ help quitting smoking
- ✿ a social worker to help you get baby supplies
- ✿ a special home visit from a nurse before your baby is born and after you and baby are home.

Childbirth education classes are also offered free to help you get ready for delivery and care for your new baby.