



Diabetes Clinic Services

Nurse Practitioners - Certified nurse practitioners will help you meet the goals set by yourself and the team.

Certified Diabetes Educators - Certified nurse and nutritional diabetes educators will help you learn the techniques that lead to successful diabetes self-management.

Social Worker - A social worker is available to help you cope with some of the financial and emotional aspects of diabetes.

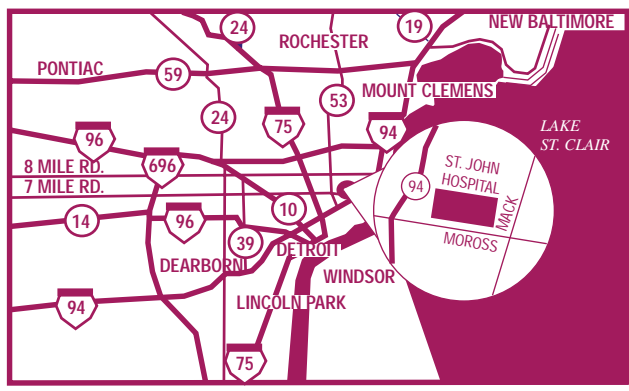
You - You are the most important member of the team. Together we will set goals to help you manage your diabetes.

Your Doctor - The team partners with your doctor to provide you with the best diabetes care possible..



Helping you to feel well today and prevent complications tomorrow.

Where we are located



St. John Hospital and Medical Center • 22151 Moross Road
Professional Building One • Suite 306
Detroit, MI 48236

ST JOHN
Health System

**Hospital and
Medical Center**

22151 Moross Road
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Detroit, MI 48236





The Diabetes Clinic is for people with diabetes, their family and physician. About 16 million people in the United States have diabetes. Through research, we know that keeping your blood sugars near normal is essential to feeling well today and preventing complications tomorrow. If you are having trouble keeping your blood sugar under good control or are wondering how you are doing with your diabetes management, ask your physician for a referral to the Diabetes Clinic.

We provide a variety of services at the Diabetes Clinic:

■ Annual Diabetes Assessment Program

All routine diabetes testing is done at one time, each year. This program is meant to enhance the diabetes care you get from your healthcare provider, not replace it. Testing includes a dilated eye exam to determine if you have any eye complications, an extensive foot exam to evaluate for nerve and circulation problems, blood pressure, height/weight/body mass index to determine your risk for heart and blood vessel disease, blood testing to determine how well your diabetes is controlled, urine testing to determine your risk for kidney disease, and a diabetes knowledge and self-care evaluation to determine if you would benefit



from attending education classes on diabetes self-management. Results and recommendations will be reviewed with you and mailed to your doctor.

■ Consultation with an Endocrinologist (one visit)

Upon referral from your primary care physician. You will be evaluated by a Board Certified Endocrinologist. Recommendations will be communicated to you and your doctor.

■ On-going Evaluation and Management of Diabetes

Our physician, nurses, dietitians and social workers will work with you to manage your diabetes to reach your self care goals.

■ Diabetes Discovery: A Self-Management Education Program

An education program that provides group/individual instruction by certified diabetes nurses and nutritionists, pre and post program blood work to see how well your diabetes is being controlled and instruction on how to test your blood daily with a blood sugar machine or glucometer.

Call 313-343-6830 to make an appointment or for more information.

The team at the Diabetes Clinic includes:

Endocrinologist -

Our team is led by a board certified doctor who specializes in endocrinology and diabetes. Each person's case is reviewed by the endocrinologist and team to develop a plan of care.

