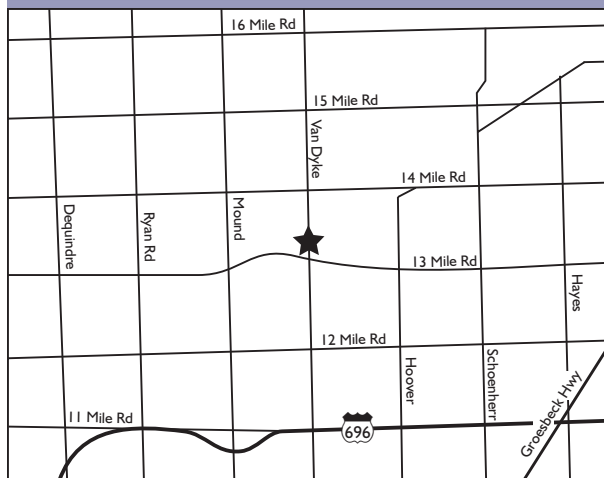


- **Attend a Support Group** - We highly recommend our patients attend a support group at St. John Detroit Riverview Hospital before having surgery. This will give you the opportunity to ask former patients questions, establish a support network and tour the hospital.
- **Pre-operative Clearance and Insurance Required Documentation** - Once all required documentation (insurance and surgeon requirements) are completed, we will work with your insurance company to obtain insurance authorization for surgery.
- **Scheduling Surgery** - Prior to being scheduled for surgery, you must be cleared by the surgeon and insurance authorization must be complete. You will then be on your way to REAL Weight Loss and a healthier you.



**REAL Weight Loss Solutions at
St. John Detroit Riverview Hospital**

31700 Van Dyke, Suite 110

Warren, MI 48093

Phone (586) 276-8130

Fax (586) 276-8101

www.realmedicine.org/riverviewweightloss/

LOSE WEIGHT

(and find yourself)

Your Next Steps to

REAL Weight Loss Solutions



ST JOHN
HEALTH

ST. JOHN DETROIT RIVERVIEW
HOSPITAL

Your Next Steps to REAL Weight Loss

- **Attend a Seminar** - Our program offers **FREE** informational seminars twice a month. To find dates, locations and times please visit our website at www.realmedicine.org/riverviewweightloss/, or to make a reservation please call 1-888-440-REAL.
- **Schedule a New Patient Evaluation** - Please call our office to schedule an appointment with Dr. Kerry Kole or Dr. Michael Schuhknecht.
 - Prior to your appointment you will be asked to watch an online program (called EMMI) about the procedures our program offers. We will e-mail a username and pass code to you for the program. If you are unsure of what procedure you would like, we will send the EMMI program for both the laparoscopic adjustable band and the roux-en-y gastric bypass. If you do not have access to the Internet, we will provide you with a printed version.
- **Items to bring to your New Patient Evaluation:**
 - **Registration and Health History Forms** - These forms can be found on our website at www.realmedicine.org/riverviewweightloss/, or they can be mailed to you.
 - **Insurance card(s), driver's license and an insurance referral** (if your insurance requires one).
 - **Insurance co-payment** (the amount is usually found on your insurance card).
- **New Patient Evaluation** - At your evaluation, you will receive a patient handbook and detailed information on the procedures our program offers. The surgeon will discuss the risks and benefits associated with the different procedures. You will be weighed, have a pre-surgical photo, and a complete history and physical. At that time all of your questions and concerns will be addressed. Your surgeon will help you decide which procedure will be most appropriate for you.
- **Blood Test** - You will be given a prescription to have your blood drawn to test for Helicobacter pylori. This tests for a bacteria that can live in your stomach and duodenum and can cause peptic and duodenal ulcers. This blood test can be done at the lab in our medical office building (they accept all insurances except for Cigna HMO), or through your Primary Care Physician (PCP).
- **Pre-operative Testing** - This series of tests includes an EKG, chest x-ray and blood tests. Pre-operative testing can be performed by your PCP, or it can be performed at St. John Detroit Riverview Hospital. Additional pre-operative testing may be required based on your medical history. We will assist you with scheduling these additional test(s) or consultation(s) with specialists who are familiar with our patients.
- **Psychological Evaluation** - All of our surgical patients are required to have an evaluation by a psychologist or psychiatrist. Our office can schedule an appointment for you with an experienced bariatric psychologist or you may use a participating provider within your insurance plan.