



HEALTH FRONT

(leading the way with REAL MEDICINE)

May is National Prevent Teen Pregnancy Month

Project S.A.V.E (Supporting Abstinence Via Education), a program offered through the St. John Health School-based Health Centers and funded by the Michigan Abstinence Partnership, will sponsor several events throughout the year

Teens are introduced to the concept of abstinence and are encouraged to refrain from sexual activity and drugs. Youth serving organizations will be invited to exhibit their services.

P.W.A.P. (Party With A Purpose)

Friday May 20, 2005

Location: TBA

Teen H.Y.P.E. (Helping Youth by Providing Education) expose 200 teens to the prevention message as they enjoy an evening of live entertainment and dancing.

Abstinence Retreat

June 3 – 5, 2005, Valley Plaza Resort, Midland, MI

Project S.A.V.E. and Project R.O.C. abstinence programs sponsor 120 students on a weekend retreat of workshops and recreation-

al activities. These teens have the opportunity to apply the knowledge they have gained as a result of 14 hours of abstinence programming.

St. John-Providence Abstinence Coalition presents the Worth the Wait Ball

Thursday July 14, 2005, 6 p.m. – Midnight, Museum of African American History (tentative).

This formal ball is an elegant evening in which 300 teenagers from the Detroit Metropolitan area celebrate their commitment to live healthy lifestyles. The event features dinner, a performance from a local entertainer and a keynote address on the benefits of abstinence as a building block for

success. Teenagers enjoy an evening of dancing as well as a practical venue to apply the knowledge gained through in-class instruction and layering activities.

Second Annual Back to School Rally

September 10, 2005, 1 – 4 p.m., location: TBD

The rally, which will target more than 2,000 teens, will include an exhibit of youth-serving organizations that will link teens to community resources and activities. The event will be punctuated by festive activities including: live music, henna tattoos, the video-game mobile, a basketball tournament, food and prizes.

Calendar

of Events:

Motorcity Spotlight

May 13, 2005, 7 - 9 p.m., Millennium Center, Southfield, MI

A performance learning approach to foster the emotional and social development of teens. Teens across the city of Detroit are provided a venue to dazzle and inspire other teens to creative expression. These teens will be rewarded for excellence in the performing arts.

Advantage Health receives approval for federally qualified health center at Conner Creek Village

Advantage Health Centers (formerly Detroit Health Care for the Homeless, Inc.) has been approved to operate a Federally Qualified Health Center (FQHC) at St. John Health Conner Creek Village, which will bring comprehensive cost-effective, primary and preventive health and dental care services to the local community. Advantage Health will receive the grant award of \$650,000 annually, in December. This will be Advantage Health Centers' third FQHC and Detroit's tenth.

An FQHC is a private, non-profit or public organization that receives federal grants from the Health Resources and Services Administration (HRSA) Bureau

of Primary Health Care (BPHC) through Section 330 of the Public Health Service Act.

The Advantage Health Center FQHC at Conner Creek Village will operate in partnership with St. John Health. As part of the partnership, Advantage Health Centers will manage the FQHC and St. John Health will provide the facility, secondary and tertiary care.

"The grant is fantastic news for the citizens in northeast Detroit," said Jacqueline Majors, executive director, Advantage Health Centers. "The community can take comfort in knowing that positive changes are being made to improve access to comprehensive primary and preventive health and dental care for the metropolitan Detroit community."

Advantage Health and St. John Health expect to launch the FQHC in the first quarter of 2006 with capabilities to see 10,000 patients and 26,000 visits per year. Services will include the full range of preventive and primary health and dental care for adults and children, pre-natal care, and management of chronic diseases such as asthma, diabetes and heart disease. Discounts up to 100% will be available for disadvantaged uninsured clients. No one will be refused service because of an inability to pay for services.

"St. John Health has made tremendous progress toward its goal of creating a vibrant village at Conner Creek Village that is focused

on the particular health, economic and social needs of the surrounding community and the approval of this FQHC has brought us closer to this vision," said Bob Hoban, senior vice president - Strategy and Business Development, St. John Health.

"One year ago we announced our vision to create Conner Creek Village, a partnership of services that would uplift and empower the community for years to come. With this FQHC, we're thrilled to work with Advantage Health as another partner in the creation of this healthy neighborhood concept," said Elliot Joseph, St. John Health president and CEO.

St. John Health honored for helping to address health care disparities



Gloria Polk and Dr. James Tucci pose with one of the MPRO Pillar Awards. Gloria accepted the award on behalf of Princella Graham.

Experts have long acknowledged that health disparities exist between blacks and whites. Whether due to socioeconomic status, racial and ethnic differences in access to health care, the effects of racism and segregation, or living and occupational differences, one thing is clear - community collaboration and physician training in the area of cultural competency and health literacy is critical to overcoming these disparities.

In response to this challenge, St. John Health (SJH), along with Henry Ford Health and the Detroit Medical Center have teamed up with MPRO - Michigan's Medicare Quality Improvement Organization - to take part in an MPRO-led physician training initiative to enhance health care providers' understanding of culturally specific patient needs.

The program launched in 2003 and already demonstrating positive results, was highlighted at a press conference held on Feb. 7. Thanks to the MPRO training program, Detroit's three major health care providers were able to announce that, together, they have reduced health disparities among Detroit's African American seniors with diabetes (who are Medicare beneficiaries) by 50 percent.

The press conference, which also was attended by Michigan Surgeon General Kimberlydawn Wisdom, MD; and U.S. Senator Debbie Stabenow (D-Mich.), provided an opportunity for MPRO to present its 2004 Pillar Awards of Excellence.

James Tucci, MD, Senior Vice President Quality and Chief Medical Officer for SJH; and Princella

Graham, Corporate Director of Public Policy, SJH, were honored with Pillar Awards for their commitment and work with MPRO. Dr. Tucci also accepted an award on behalf of SJH for its support of the initiative.

In presenting the awards, Debra Moss, MD, President and CEO of MPRO, said: "Each of you is a 'free-standing pillar' and collectively you are supporting the foundation to create effective change within health care. We applaud you in your efforts to reduce disparities and embrace positive quality initiatives."

Getting to Know: Patricia Blount

Coordinating the satellite Outpatient Rehabilitation Services for two hospitals within St. John Health is no small task. But it's one that Patricia Blount has relished these past four years.

As Director of Ambulatory Rehab Services for St. John Hospital and Medical Center and St. John Macomb Hospital, she manages 90 associates across six outpatient facilities. Last fiscal year alone, Pat and her dedicated associates provided care for 6,795 new patients.

Pat's 11-year career at St. John Health has been marked by her commitment to customer service - a commitment that embodies St. John Health's Vision and its promise of "health care that leaves no one behind."

"It's what we, in Outpatient Rehab, strive for every day," explains Pat. "Each day, we come into contact with people from all walks of life, but we share one single goal - to provide compassionate and efficient care to all those we serve."

Pat received her bachelor of science in physical therapy from Howard University and a master of science in health care administration from Central Michigan University. Before joining the St. John Health family, Pat was Director of Rehab for the Detroit Medical Center for 13 years.



Patricia Blount

Pat believes one of the most important keys to success is getting a solid education. It's a belief she shares with her two teenage daughters and a big reason why she is so active in their schools. "Young people need to understand that we are competing in a global market and it's important to prepare early," Pat says.

But an education is just the beginning. Continued growth - personally and professionally - she says, comes from constantly reassessing where you are and looking ahead to your next goal. Pat's future career goals are to obtain greater operational responsibilities within the health system.

St. John Detroit Riverview Hospital partners with physicians on medical office/outpatient center



St. John Detroit Riverview Hospital (SJDRH) will break ground for a new, 62,300-square-foot, three-story medical office building on May 12, 2005. The \$12 million facility will house primary care and specialty physicians, and is scheduled for completion and occupancy by May 2006.

Located on the SJDRH campus on Jefferson Avenue east of downtown Detroit, the new facility will provide services to further meet the Detroit community's medical needs.

"This medical office and outpatient center is the most recent example of St. John Health's continuing commitment to providing superior health care to Detroit residents," said Anthony E. Munroe, president, St. John Detroit Riverview Hospital. "The center's

design provides the best in outpatient services. We are very excited to partner with our community and medical staff to bring health care services to improve the quality of life for Detroiters."

The medical office/outpatient center will be developed, owned and managed by Landmark Healthcare Facilities LLC, a national leader in the development, operation and ownership of outpatient healthcare facilities. Landmark also will lease the office space to medical practices, physicians and certain retail businesses.

St. John Health HIV/AIDS Management Program adds new location to serve Metro Detroit

In September 2004, the St. John Community Health HIV/AIDS Management Program opened a new location to serve community members in need at the Herman Kiefer facility (The Department of Health and Wellness Promotion), 1151 Taylor Street in Detroit. The highly qualified staff, a board-certified infectious disease physician, nurse practitioner and medical assistant, work closely with Counseling and Testing and the Partner Notification Program to ensure care is available immediately, once a person is newly diagnosed. The clinic is open five days a week.

St. John Health works with HIV and AIDS patients to help manage their health as they live with the disease. The HIV/AIDS Management Program is funded through Health and Human Services by its Grantee, the Detroit Health Department, and provides services to uninsured and underinsured patients who need early intervention, diagnosis and treatment. Our mission is to increase life expectancy, decrease transmission of the disease and reduce HIV deaths.

"Our program works really hard to make it simple and easy for people with HIV/AIDS to get the care they need," says Cynthia Taueg, vice president, Community Health, St. John Health. "The new location at Herman Kiefer allows newly diagnosed patients to come directly to our program for the support and medical care that is crucial for them."

HIV/AIDS counseling, testing and treatment also are available on the Mobile Care Unit. Free services include: HIV/AIDS testing, primary care for HIV and related diseases, immunizations, patient education and assistance in obtaining medical insurance and/or medication assistance. Call 313-530-6063 to find out where the Mobile Care Unit is in the Detroit community.

In addition to the new location at the Herman Kiefer Family Health Center and the Mobile Care Unit, services through the Ryan White Grant are provided at the following locations:

St. John Hospital & Medical Center

Infectious Disease Clinic and Medical office

22101 Moross
Detroit, MI 48236
313-343-7351 or 313-343-7280

Oakland Primary Health Services

46 N. Saginaw Street
Pontiac, MI 48342
248-322-6747

Since its launch in 2000, the St. John Health HIV/AIDS Management Program has provided more than 7,000 patient encounters and expanded its services and locations to meet the needs of the tri-county area.

The St. John Community Health HIV/AIDS Management Program includes the following care:

- Early Intervention
- Diagnosis
- Treatment
- Case Management

For program information, call 313-343-4145. For case management services only, call the Visiting Nurse Association case manager 24-hour hotline at 1-800-852-1232.

FREE Healthy Heart Project

St. John Health and Fox 2 Detroit have partnered to present the Healthy Heart Project. The objective of the event is to increase the community's understanding of heart disease and to demonstrate the value of health education.

On Saturday, May 21, 2005, from 8 a.m. to Noon, the Healthy Heart Project will offer health information, screenings of blood pressure, cholesterol, and Body Mass Index plus a heart disease risk assessment. There also will be cooking demonstrations, healthy food choices, heart healthy recipes, exercise advice and exercise physiologists.

All are welcome to join us at: St. John Hospital & Medical Center in Detroit, St. John Macomb Hospital Warren, Providence Hospital in Southfield or Providence Park Hospital Novi. Fox 2 Detroit will be promoting the event through May and providing viewers with important information they should consider about their overall heart health.

HOW CAN WE HELP?

St. John Community Health Programs and Services Phone Directory

General Information
Regina Nelson
Administrative Assistant
313-343-7734

Cynthia Taueg
Vice President
Community Health
586-753-0649

Community Education & Outreach
Parish Nursing/
Congregational Health
Karen Beger
Corporate Director
586-753-1484

School-based Health Centers
Access to Care
Nancy DeGroot
Corporate Director
313-343-7734

Open Arms
(A Grieving Children's Program)
Karen Sheffield
Manager
313-921-7983

Ryan White HIV/AIDS Project
Deborah Sloss
Program Manager
313-343-4145



Picture a Healthier You

At St. John Health, we believe that a healthier heart is within everyone's reach. But first, you must be willing to take a very close look at how healthy your heart is today. To help you, we've designed a quick online test that will give you an idea about your heart's health. The results of your test will be e-mailed to you instantly. Log onto www.realmedicine.org/HeartEval. You'll be entered to win a digital camera!

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