

PANIC DISORDER

PROVIDENCE BEHAVIORAL MEDICINE

Do you experience sudden bursts of overwhelming fear for no reason? Some signs to look for in **Panic Disorder**...

- I have chest pains or a racing heart.
- I have a hard time breathing or a choking feeling.
- I feel dizzy, or I sweat a lot.
- I have stomach problems or feel like I need to throw up.
- I shake, tremble, or tingle.
- I feel out of control
- I feel unreal.
- I am afraid I am dying or going crazy.

If you have checked several of the boxes you may be experiencing panic disorder. Contact a professional to share your concerns.

Our outpatient clinic can also provide assessment and treatment for panic disorder

Our Southfield site: 22255 Greenfield Rd, Ste. 132, Southfield, MI 48075. 248 849 3301.

Our Livonia site: 37595 Seven Mile Rd, Ste 450, Livonia, MI 48152. 734 432 6665