

# Outpatient Neurological Rehabilitation

## GOAL OF PROGRAM

The goal of St. John Health's (SJH) Outpatient Neurological Rehabilitation Program is to provide an interdisciplinary treatment service to maximize functional recovery for patients with a broad range of neurological impairments.

### Common diagnoses treated include:

- Stroke
- Traumatic Brain Injury
- Parkinson's Disease
- Multiple Sclerosis
- Peripheral Neuropathy
- Brain Tumor
- Spinal Cord Injury
- Dysarthria
- Dysphagia
- Guillain-Barre Syndrome

## THERAPY SERVICES

Physical Therapy, Occupational Therapy and Speech-Language Pathology\* services are offered at SJH Outpatient Neurological Rehabilitation Sites.

Therapists are specialized in treating patients with neurological diagnoses and employ a team approach to treatment planning and goal setting. Treatment methods will include traditional as well as new and creative evidence-based approaches. Each 45-minute treatment session will be conducted one-on-one with your therapist. Some of the specific therapy services available include:

- Balance and postural retraining.
- Gait retraining including instruction in the use of assistive devices for walking.
- Body weight-supported gait training.
- Neuromuscular electrical stimulation to facilitate functional movement.
- Training in the use of assistive devices for activities of daily living (grooming, dressing, cooking).
- Treatment to improve communication, memory and problem solving skills.
- Interventions focused on life role, community and work reintegration.
- Treatment to improve oral weakness and swallowing.

## REFERRAL AND SCHEDULING

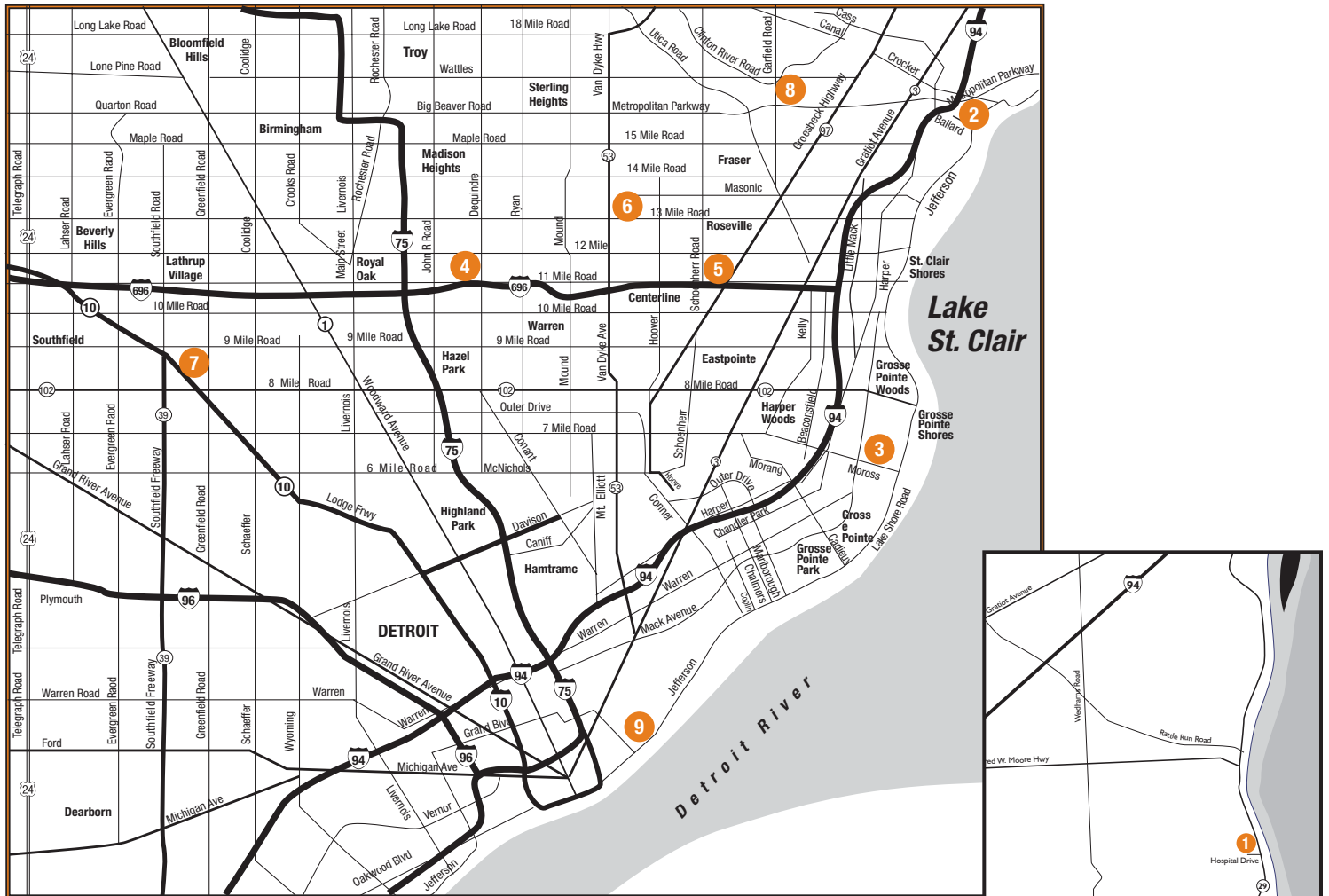
With a prescription from your doctor for therapy services, appointments to start treatment in The Outpatient Neurological Program can be made by calling one of the locations listed on the back. For your convenience, patients with multiple therapies will have their appointments scheduled back to back.

\* Speech-Language Pathology services offered at select sites noted on back.



ST. JOHN PHYSICAL REHABILITATION

# Outpatient Neurological Rehabilitation



**1. \* St. John River District Hospital**  
4100 River Rd.,  
East China Township, MI 48054  
810-329-7111

**2. \* St. John North Shores Hospital**  
26755 Ballard Rd.,  
Harrison Township, MI 48045  
586-466-5234

**3. \* St. John Hospital  
and Medical Center**  
22101 Moross Rd., Detroit, MI 48236  
313-343-3744

**4. \* St. John Oakland Hospital**  
27483 Dequindre, Suite 102  
Madison Heights, MI 48071  
248-967-7537

**5. \* Warren Satellite:**  
27450 Schoenherr, Suite 100  
Warren, MI 48088  
586-582-7825

**6. St. John Medical Center –  
Windemere Park**  
31700 Van Dyke, Suite 160  
Warren, MI 48093  
586-276-8001

**7. \* Providence Hospital**  
16001 W. Nine Mile  
Southfield, MI 48075  
248-849-5802

**8. Clinton Twp Satellite**  
37400 Garfield Suite 200  
Clinton Twp, MI 48036  
586-263-5220

**9. \* St. John Detroit Riverview Hospital**  
7633 E. Jefferson Ave.  
Detroit, MI 48214  
313-499-4260