



YOU TAKE YOUR PROBLEMS SERIOUSLY

(so do we)

At St. John Health, we treat your problems as seriously as you do, whether you're facing a chronic and serious mental illness, dealing with on-the-job stress or battling an addiction. Using the latest techniques, our staff of trained professionals will help you confront your problems and control your symptoms – so you can live your best life.

BODY AND MIND

(we understand the connection)

At St. John Health, we know your emotional well-being and physical health are closely connected. Psychological problems can sometimes manifest themselves as physical ailments – back pain, fatigue, headaches.

And it works the other way too. Physical problems that limit your mobility – chronic pain, stroke, injury – can sometimes cause depression, anxiety and other emotional problems. We've seen it all before. And we can help.

Our behavioral health specialists work closely with physical therapy and rehabilitation experts to develop customized health and wellness plans. We'll help you get on the road to physical and mental health.

**At St. John Health,
we care for the whole person –
body, mind and soul.**

**For more information about
Rehabilitation Services or
for a location near you
call 1-888-440-REAL
or visit
www.realmedicine.org.**



WE CAN'T SOLVE THE WORLD'S PROBLEMS

(but we can help you with yours)

ST. JOHN
BEHAVIORAL HEALTH



REAL MEDICINE™

NO TWO PROBLEMS ARE THE SAME

We see your treatment through from beginning to end, offering a staff of trained professionals, including physicians, nurses and therapists, who will customize treatment plans to address your specific needs.

St. John Behavioral Health Services is the largest provider of mental health and chemical dependency treatment services in southeast Michigan. At our highly regarded sites throughout the community, we offer inpatient and outpatient services to meet your unique, individual needs:

- Emergency Care
- Screening and Assessment
- Detoxification
- Acute Inpatient or Partial Hospitalization
- Residential Programs
- Outpatient Therapies
- Support Groups



THE HUMAN TOUCH

Our staff includes psychiatrists, psychologists, nurses and therapists specializing in adult, child, adolescent and geriatric care, as well as addiction medicine. We will help you find a treatment program that meets your needs in terms of insurance, location, areas of special interest and expertise (including holistic alternatives), hospital affiliation and other criteria.

WHAT IS REAL MEDICINE?

We live in an amazing age of technology and innovation, but medicine is still about people. It should go beyond treating symptoms and aim to treat people with dignity and respect. At St. John Health, we do more than just care for you. We care about you.

That's what
we call **REAL MEDICINE.**

NEED TO TALK?

(we're here to listen)

Your emotional health is as important as your physical well-being. Just as you would seek a doctor for a broken bone or a heart condition, our staff of behavioral health professionals can help you deal with personal or family problems, substance abuse or mental illness – and help you feel more like yourself again.

**At St. John Health,
we do more than heal bodies.
We mend lives.**

**Call us at 1-800-626-3896,
24-hours a day.**

IF YOU THINK YOU NEED HELP

Asking for help isn't easy...but it's worth it. With the right treatments and services, recovery is possible. Remember: The sooner you get help, the sooner you'll feel better.

SPEAK UP – If you think you need help, arrange an appointment.

TAKE CARE – If your symptoms make you a danger to yourself or someone else, insist on immediate care and treatment. A family member or friend may need to do this for you if your symptoms are too severe. Chemical imbalances that cause chemical dependency or psychiatric issues are diseases that require treatment – just like diabetes and high blood pressure.

REACH OUT – Ask friends or family members to take turns staying with you until you feel better. Talk, play cards, watch a funny video together, listen to music. Do simple things that you usually enjoy.

KNOW YOU ARE NOT ALONE – Struggles with daily living, mental illness or addiction can affect persons of any age, race, religion, or income. They are not caused by weakness, lack of character, or poor upbringing.

HELPING, HOPING, HEALING

With more than 20 locations in southeast Michigan, you're never too far from a helping hand or a healing word.

Inpatient and Partial Hospitalization Programs for Mental Health

St. John Oakland Hospital
2735 I Dequindre, Madison Heights
248-967-1292

Providence Hospital
16001 West Nine Mile Road
Southfield
248-849-8816

St. John Macomb Hospital
11800 East Twelve Mile Road
Warren
586-573-5872

* indicates locations not currently offering partial hospitalization programs

St. John Detroit Riverview Hospital*
7733 East Jefferson Avenue, Detroit
313-499-4970

St. John Hospital and Medical Center*
22101 Moross, Detroit
313-343-7000

Inpatient and Partial Hospitalization Programs for Chemical Dependency

Brighton Hospital
12851 East Grand River, Brighton
888-215-2700

Outpatient Programs for Mental Health and Chemical Dependency

Eastwood Clinics – Clinton Township
Garfield Pines Professional Building
35455 Garfield, Suite C
Clinton Township
586-792-5335

Eastwood Clinics – Dearborn
Garrison Place
19855 W. Outer Drive, Suite 204W
Dearborn
313-561-2790

Eastwood Clinics – Detroit Conner Creek Village
4777 E. Outer Drive
Detroit
313-369-5000

Eastwood Clinics – Eastpointe
Eastwood Plaza
20811 Kelly Road, Suite 101
Eastpointe
586-445-2210

Eastwood Clinics – Livonia
17250 Farmington Road
Livonia
734-425-4070

Eastwood Clinics – Rochester Hills
3950 Rochester Road, Suite 1400
Rochester Hills
248-844-6237

Eastwood Clinics – Royal Oak
30701 Woodward Ave., Suite 200
Royal Oak
248-288-9333

Eastwood Clinics – St. Clair
132 Trumbull
St. Clair
810-329-5340

Providence Hospital Outpatient Behavioral Medicine
22255 Greenfield #132
Southfield
248-849-3301

Providence Mission Health Behavioral Medicine
37595 Seven Mile Road, Suite 450
Livonia
734-432-6665

Providence Medical Center – Providence Park, Novi
47601 Grand River Avenue
Novi
Phone: 248-465-4335
Fax: 248-849-5349

Brighton Hospital
12851 East Grand River, Brighton
888-215-2700

Residential Treatment Programs

Eastwood Clinics – Detroit Conner House
11542 Conner Avenue
Detroit
313-923-6830

Eastwood Clinics – Royal Oak Residential
1515 N. Stephenson Highway
Royal Oak
248-542-6070

Brighton Hospital
12851 East Grand River, Brighton
888-215-2700