

## FACING END OF LIFE WITH COMPASSION

March 8, 2007

### Macomb Community College South Campus, Bldg K

St John Health and Duke University Institute on Care at the End of Life have partnered on a Palliative Care/End of Life project. One of the goals of the project is to improve the quality of ministry to the seriously ill and dying members of our community through an initiative called Compassion Sabbath. By providing education and dialogue to partnering faith leaders and health care leaders, we hope to develop on going communication and ways to help us all minister to those facing health issues. Our agenda for a day of learning is listed below. Please consider joining us.

7:30 – 8 am	Registration & Continental Breakfast
8 – 8:15 am	Welcome
8:15 – 9 am	<i>What We Don't Talk About</i> Terry Rosell, PhD, DMin,
9 – 9:45 am	<i>When the End is Near</i> Jeanne Lewandowski, MD,
9:45 – 10:15am	Break
10:15 – 11:15 am	<i>Faith, Hope, Love &amp; Medical Care at End of Life</i> Richard Payne, MD,
11:15 – 12:30 pm	Lunch
12:30 – 1:30 pm	Breakout sessions: A: <i>How We Handle Pain</i> Mary Hicks, APRN-BC B: <i>The Dr. Is In – What Do We Need To Ask?</i> Richard Payne, MD C: <i>Sharing the Turf</i> Terry Rosell, PhD, DMin D: <i>When a Child is Dying</i> Jeanne Lewandowski, MD E: <i>Family Matters</i> Pastor Corey Kennard, St. John Chaplain Elder R. Huff, Shekinah Tabernacle Gospel Church
1:45 – 2:45 pm	Breakout sessions repeated
3 – 3:30 pm	Wrap – Up
3:30 – 3:45 pm	Blessing

### What is Compassion Sabbath?

- Compassion Sabbath is an interfaith initiative to provide clergy and religious educators tools for addressing the spiritual needs of the seriously ill, the dying and their families.
- The Compassion Sabbath initiative was developed by the Center for Practical Bioethics of Kansas City in 1999. Kansas City's Compassion Sabbath was a huge success and reached over 80,000 faith community leaders and clergy members.
- Compassion Sabbath is now observed in approximately 24 states. This is the first time Compassion Sabbath will be observed in the Metropolitan Detroit area.

### Why should my congregation participate in this effort?

- Everyone dies, but not everyone dies well.
- High-tech health care alone fails to meet the needs of dying people, who need spiritual support as they approach the end of their lives. Compassion Sabbath conversations will help improve end-of-life care and bridge the gap between medical and spiritual dimensions of dying.
- Dying people in your congregation and their loved ones look to you for spiritual support. You and your faith community can significantly help meet their needs and improve the quality of care congregants and their loved ones receive at the end of life.
- Compassion Sabbath will provide you tools and resources to better minister to seriously ill and dying people, and thus make an important difference in improving their care.

### What are some of the events of Compassion Sabbath 2007?

- *Attend the conference, "Facing the End-of-Life With Compassion", March 8, 2007 at Macomb Community College South Campus. Please see attached registration form.*
- *Designate individuals to attend "Train the Trainer" Workshops. Workshop dates TBD. Workshops will help religious educators use resource materials to organize programs for your community and faith.*

- *Compassion Sabbath Weekend Observance, April 19-22. Faith communities are invited to set aside one service or event on this date to focus on prayers, scripture, reading, speakers, sermons and/or educational efforts on end-of-life issues. It is the goal of St. John Health to have as many faith communities as possible to deliver this message.*

### Who is behind this project?

- Compassion Sabbath is part of a collaboration between St. John Health and Duke University's Institute on End of Life Care.

### Where do I get more information?

- If you have any questions or would like more information, please call Rhonda Bishop, Project Director, at 313-343-4476.

### SPEAKERS

**Rev. Tarris Rosell, DMin, PhD**, has been a Program Associate at the Center for Practical Bioethics since April 2004. His work emphasizes disparities in health and healthcare, while addressing other biomedical ethics issues as well. Dr. Rosell is also an ordained American Baptist minister and Associate Professor teaching ethics and ministry praxis at Central Baptist Theological Seminary in Kansas City, Kansas.

**Dr. Lewandowski** has been caring for dying children for over seventeen years and has acted as an inpatient pediatric medical director for Hospice of Michigan since 1991 and pediatric medical director for the Hospices of Henry Ford since 2000 and now currently at St. John Hospice. She was the first and only pediatrician board certified in palliative medicine in the Midwest in 1996. She was appointed by Governor John Engler to represent Michigan physicians on the Michigan Commission on End of Life Care.

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