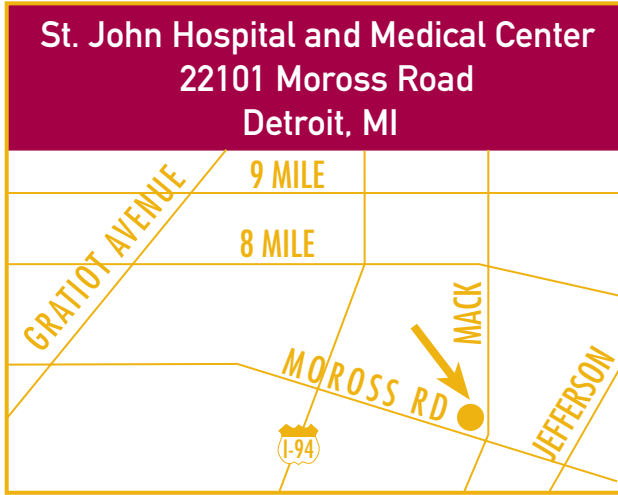


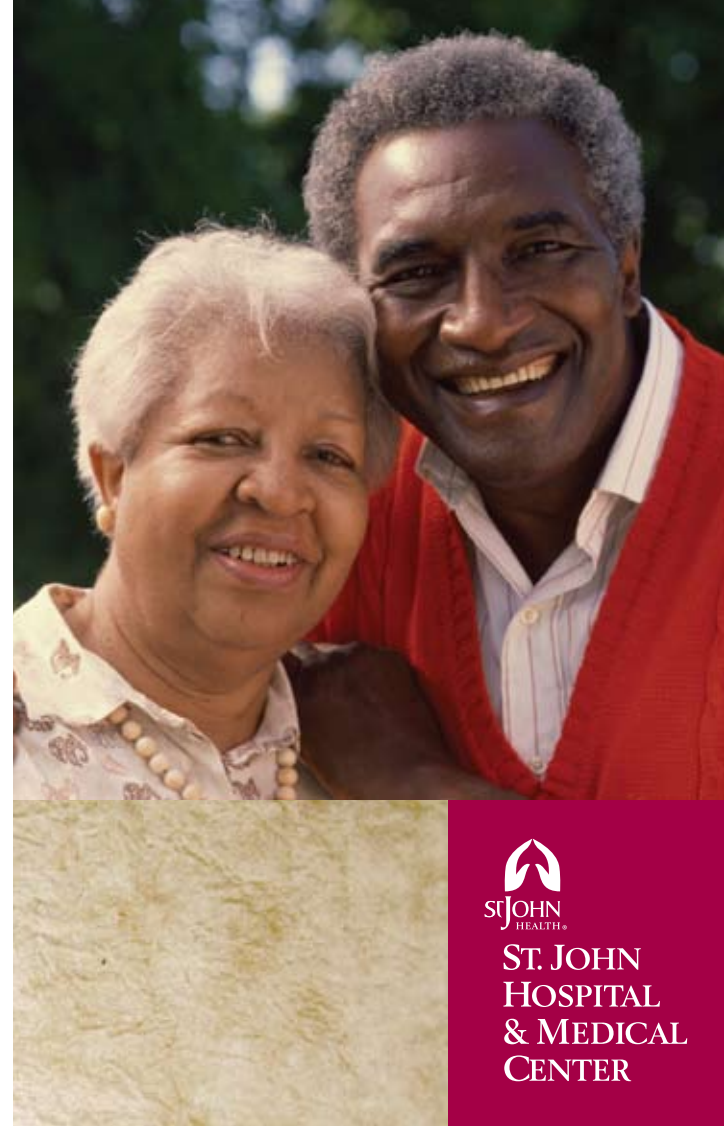
Second Chance Heart Club
St. John Hospital and Medical Center
22101 Moross Road
Detroit, MI 48236-9930



For more information about Second Chance Heart Club at St. John Hospital and Medical Center, please call the Cardiac Rehabilitation Department at 313-343-3157.



**ST. JOHN HOSPITAL
& MEDICAL CENTER**



**ST. JOHN
HOSPITAL
& MEDICAL
CENTER**

Second Chance Heart Club

You've been given a
second chance

BUSINESS REPLY MAIL

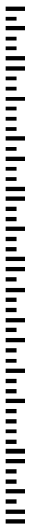
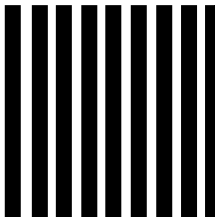
FIRST-CLASS MAIL PERMIT NO. 10 WARREN MI

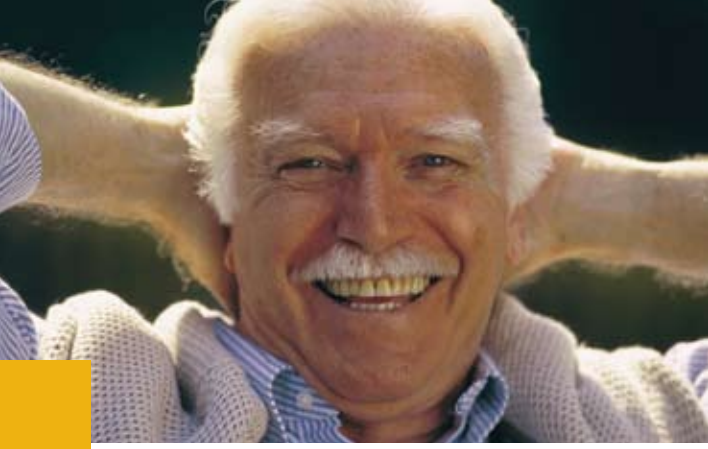
POSTAGE WILL BE PAID BY ADDRESSEE

ST. JOHN HEALTH CONNECT
4777 EAST OUTER DRIVE
DETROIT, MI 48234



NO POSTAGE
NECESSARY
IF MAILED IN THE
UNITED STATES





Our Second Chance Heart Club is here to help!

You are invited to join a special group of men and women who, like you, may have been given a “second chance.” Perhaps, you or someone you love had a heart attack, heart procedure or cardiac surgery. Maybe you are at risk for heart disease or your physician encouraged you to take steps to improve your cardiovascular health.

Dr. Phillip Feringa, the cardiac surgeon who performed the first cardiac bypass surgery at St. John Hospital and Medical (SJH&MC), saw the need for heart patients to share their experiences and meet with each other. To address this need, he created Second Chance Heart Club in 1972. A core group of volunteers continues with his vision today, as they make bedside visits to cardiac patients and extend their support in a variety of ways.

Our key program is the Second Chance Supper Club, which includes delicious, low-cost meal and heart-related lecture at SJH&MC every other month. You will have the opportunity to ask the featured St. John expert questions as well as meet and talk with other Heart Club members.

Second Chance Heart Club members will also receive special notifications of other heart-related lectures, events and networking opportunities throughout St. John Health. Plus, you will be invited to two additional functions each year just for fun – an off-site picnic and holiday gathering.

Our Mission

The mission of Second Chance Heart Club is to provide an opportunity for people to meet, share their stories and learn new trends in the diagnosis and treatment of heart (cardiovascular) disease.

Who benefits from Second Chance Heart Club?

You will benefit if you or someone you love has had a cardiovascular-related health challenge, procedure or surgery, including (but not limited to): cardiac bypass, stroke, transient ischemic attack attacks (TIA), angioplasty, stents, pacemaker, defibrillator, carotid artery disease, peripheral vascular disease (PAD). Or, perhaps you'd like to learn more about cardiovascular health, leading-edge technology and new trends in diagnosing and treating heart disease by attending our bi-monthly SC Supper Club. Whatever your needs, we're here to help!

How do you become a member?

Membership in SC Heart Club is open to anyone who is interested. To become a member, simply mail the postage-paid membership application attached. You will receive SC Heart Club membership details, a listing of upcoming activities and a variety of heart-related information by mail within 3 - 4 weeks.



Second Chance Heart Club Membership Application (please print clearly and complete all information)

Yes, I'm interested in joining the FREE Second Chance Heart Club! *Within 3 - 4 weeks after mailing this application, you'll receive your membership details, listing of upcoming SC Heart Club meetings and a variety of heart-related information.*

Code: _____

OHC: _____

Name (first name, last name) _____

Email address _____

Address (street) _____

(apartment number) (city) _____

(state) _____

(zip code) _____

Birthdate (month, day, year) _____

Sex _____

Marital status _____

Phone number (area code, phone number) _____

If you'd like additional information, please check off all that applies:

Please contact me about volunteer opportunities available through Second Chance Heart Club or other opportunities through St. John Hospital and Medical Center.

I'm "55 or better," so please mail me information about CareLink (St. John Health's free program offering health-related information, discounts and benefits).

Please add my spouse or another individual in my household:

Name (first name, last name) _____

Birthdate (month, day, year) _____

Email address _____

Please allow three to four weeks for your Second Chance Heart Club information to arrive.